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## 陰道乳膏或凝膠 用藥指導單

- 1. 打開軟膏管的蓋子。將施藥器拴緊在軟膏管嘴上。
- 2. 壓擠軟管使軟膏依所需劑量進入施藥器中。
- 3. 將施藥器從軟膏管嘴上移除。
- 4. 躺下後膝蓋彎曲,再將含有藥膏的施藥器輕輕插入陰道深部,推動推管將藥膏完全推入陰道內。
- 5. 使用後的施藥器用少許的肥皂和溫水沖洗。切勿使用熱水清洗。

## **Instruction of Vaginal Cream or Gel**

- 1. Open the tube. The applicator nozzle should be screwed onto the tube.
- 2. Gently squeeze tube from the bottom to force a sufficient amount of cream or gel into the applicator barrel to reach the prescribed dose.
- 3. Unscrew the applicator from the tube.
- Lie on back with your knees drawn towards you. Gently insert applicator deep into your vagina.
  Press the plunger downward until it reaches its original position.
- 5. Reusable applicators should be cleaned by pulling the plunger to remove it from the barrel and washing with mild soap and warm water. Never boil or use extremely hot water to prevent damage to reusable applicators.

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